



Alexis Adapts After-School Care Observation Form

Parent Request for Feedback

Thank you for caring for my child during your after-school program. Your observations help me better understand how my child functions after a full school day, including social interactions, emotional regulation, independence, attention, and transitions. I may share this feedback with my child's educational team to help develop meaningful supports through a 504 Plan or IEP. Please check the items you observed and add comments where helpful.

Child: _____ Program: _____

Staff Member: _____ Dates: _____

Arrival & Transitions

☐	Transitioned well after school
☐	Needed time to decompress
☐	Needed reminders during transitions
☐	Handled schedule changes
☐	Benefited from advance warning
☐	Needed adult support

Comments:

Social Skills

☐	Made friends easily
☐	Played cooperatively
☐	Preferred one friend
☐	Preferred adults
☐	Needed help joining activities
☐	Needed reminders with peers
☐	Resolved conflicts appropriately

Comments:

Emotional Regulation

☐	Stayed regulated
☐	Asked for help
☐	Needed reassurance
☐	Recovered after support
☐	Needed quiet breaks
☐	Became overwhelmed when tired
☐	No concerns observed

Comments:

Attention & Independence

☐	Started activities independently
☐	Completed activities
☐	Stayed focused
☐	Needed frequent reminders
☐	Managed belongings
☐	Asked for help appropriately

Comments:

Homework & Structured Activities

☐	Completed homework independently
☐	Needed support with homework
☐	Participated in group activities
☐	Followed directions
☐	Needed one step at a time
☐	Preferred hands-on activities

Comments:

Sensory Needs

☐	Noise was difficult
☐	Busy room was difficult
☐	Movement breaks helped

■	Quiet space helped
■	Snack helped
■	No sensory concerns observed

Comments:

Supports That Helped

■	Trusted adult
■	Positive peer
■	Visual reminders
■	Movement breaks
■	Extra processing time
■	Choices
■	Praise & encouragement
■	Advance warning
■	Flexible seating

Comments:

Strengths Observed

■	Kindness
■	Leadership
■	Creativity
■	Persistence
■	Curiosity
■	Responsibility
■	Empathy
■	Sense of humor
■	Problem-solving
■	Positive attitude

Comments:

If this child returned to the program, I would recommend:

- Same staff member ■ Consistent peer buddy ■ Quiet homework space ■ Movement breaks
- Frequent check-ins ■ Visual schedule ■ Advance warning before transitions ■ Flexible participation

What impressed you most about this child?

One thing I hope their teachers know is...

Anything else you'd like me to know?

Alexis Adapts

IEP Advocate | Parent Coach

Supporting children, families, and the adults who care for them.

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