



# Alexis Adapts Camp-to-Classroom Observation Tool

## Helping Parents Turn Summer Success into School Supports

Dear Camp Team,

Thank you for investing in my child. Your observations provide meaningful information about how my child learns, communicates, builds relationships, manages emotions, and responds to support outside of school. I may share your feedback with my child's educational team to help develop meaningful accommodations and supports through a 504 Plan or IEP. There are no right or wrong answers—simply check what you observed and add comments where appropriate.

Child: \_\_\_\_\_ Camp: \_\_\_\_\_ Dates: \_\_\_\_\_

Counselor: \_\_\_\_\_

### Social Skills

- ☐ Easily made friends
- ☐ Preferred one friend
- ☐ Needed help joining groups
- ☐ Played independently
- ☐ Enjoyed helping others
- ☐ Needed adult support

Comments:

\_\_\_\_\_  
\_\_\_\_\_

### Emotional Regulation

- ☐ Stayed regulated
- ☐ Needed reassurance
- ☐ Became overwhelmed during transitions
- ☐ Needed breaks
- ☐ Recovered quickly after support

Comments:

\_\_\_\_\_  
\_\_\_\_\_

### Executive Functioning

- ☐ Followed routines
- ☐ Needed one step at a time
- ☐ Needed reminders
- ☐ Needed help getting started
- ☐ Needed help finishing

Comments:

\_\_\_\_\_  
\_\_\_\_\_

## Sensory Needs

- Loud noises were difficult
- Busy environments were difficult
- Movement helped
- Quiet space helped
- Sensory tools helped

**Comments:**

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## Communication

- Asked for help
- Needed prompting to communicate
- Expressed emotions appropriately
- Preferred adults
- Difficulty expressing needs

**Comments:**

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## Strengths

- Kind
- Curious
- Creative
- Leader
- Helpful
- Persistent
- Funny
- Compassionate

**Comments:**

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## Rate the following:

- Worked well in a group: 1 2 3 4 5
- Managed transitions: 1 2 3 4 5
- Followed directions: 1 2 3 4 5
- Handled frustration: 1 2 3 4 5
- Asked for help appropriately: 1 2 3 4 5

## Ideas That May Help at School

Based on your experience, which supports seemed most helpful?

- Visual schedule
- Frequent check-ins
- Movement breaks
- Quiet space
- One direction at a time
- Extra processing time
- Positive peer
- Consistent adult
- Advance warning before transitions
- Leadership jobs
- Choice making

**Additional Recommendations:**

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## Signatures

Counselor: \_\_\_\_\_ Date: \_\_\_\_\_

Parent: \_\_\_\_\_ Date: \_\_\_\_\_

### Alexis Adapts

IEP Advocate | Parent Coach

Mount Dora, FL • Serving families everywhere

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