



Alexis Adapts Dance Instructor Observation Form

Parent Request for Feedback

Thank you for teaching and encouraging my child. Your observations help me understand how my child learns, participates, follows instruction, and connects with others in a dance setting. I may share this information with my child's educational team to help develop meaningful supports through a 504 Plan or IEP. Please check the items you observed and add comments where helpful.

Dancer: _____ Class/Studio: _____

Instructor: _____ Dates: _____

Participation & Engagement

☐	Excited to attend class
☐	Participated willingly
☐	Tried new movements
☐	Stayed engaged
☐	Needed encouragement
☐	Enjoyed performing
☐	Preferred watching before joining

Comments:

Following Instruction

☐	Followed directions independently
☐	Learned through demonstration
☐	Needed verbal reminders
☐	Did better with one step at a time
☐	Remembered choreography
☐	Needed help getting started

Comments:

Social Skills

■	Worked well with classmates
■	Encouraged peers
■	Waited appropriately
■	Shared space respectfully
■	Needed reminders about personal space
■	Preferred interacting with adults

Comments:

Emotional Regulation

■	Handled corrections well
■	Managed frustration
■	Asked for help
■	Needed reassurance
■	Recovered after support
■	Needed breaks
■	No concerns observed

Comments:

Attention & Transitions

■	Stayed focused
■	Transitioned easily
■	Needed reminders
■	Handled routine changes
■	Stayed with the group
■	Needed extra processing time

Comments:

Sensory Needs

■	Loud music was challenging
■	Mirrors were distracting
■	Busy environment was difficult

■	Movement supported regulation
■	Quiet breaks were helpful
■	No sensory concerns observed

Comments:

Supports That Helped

■	Visual demonstrations
■	Positive praise
■	Trusted instructor
■	Peer model
■	Extra practice time
■	Movement breaks
■	Advance warning
■	Choices
■	Leadership/helper opportunities

Comments:

Strengths Observed

■	Confidence
■	Creativity
■	Perseverance
■	Kindness
■	Leadership
■	Joy
■	Coachability
■	Determination
■	Empathy
■	Positive attitude

Comments:

If this dancer returned next session, I would recommend:

■ Same instructor ■ Consistent dance buddy ■ Visual demonstrations ■ Smaller groups
■ Frequent check-ins ■ Advance warning before transitions ■ Extra practice time ■ Flexible participation
when needed

What impressed you most about this dancer?

One thing I hope their teachers know is...

Anything else you'd like me to know?

Alexis Adapts

IEP Advocate | Parent Coach

Supporting children, families, and the adults who care for them.

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