



Alexis Adapts Youth Group Observation Form

Parent Request for Feedback

Thank you for welcoming my child into your ministry. Your observations help me understand how my child learns, connects with others, and responds to support in a community setting. I may share this information with my child's educational team to assist in developing meaningful supports through a 504 Plan or IEP. Please check any items you observed and add comments where appropriate.

Child: _____ Youth Group: _____

Leader: _____ Dates: _____

Connection & Belonging

☐	Seemed excited to attend
☐	Comfortable separating from family
☐	Connected with leaders
☐	Connected with peers
☐	Preferred one trusted adult
☐	Preferred one friend
☐	Needed encouragement
☐	Preferred observing first

Comments:

Social Skills

☐	Started conversations
☐	Responded to peers
☐	Shared appropriately
☐	Took turns
☐	Included others
☐	Needed reminders about personal space
☐	Needed support resolving conflict
☐	Preferred being alone

Comments:

Participation

☐	Participated in games
☐	Participated in worship
☐	Participated in discussion
☐	Enjoyed serving others
☐	Followed group expectations
☐	Preferred hands-on activities
☐	Preferred quiet activities

Comments:

Transitions

☐	Transitions were easy
☐	Needed reminders
☐	Did better with advance warning
☐	Plans changing was difficult
☐	Needed extra support after exciting activities

Comments:

Emotional Regulation

☐	Managed emotions independently
☐	Asked for help
☐	Needed reassurance
☐	Became overwhelmed
☐	Needed a quiet break
☐	Returned to activities after support
☐	No concerns observed

Comments:

Sensory Needs

☐	Loud music was difficult
☐	Crowded rooms were difficult
☐	Bright lights were difficult
☐	Busy environments were difficult
☐	Unexpected changes were difficult
☐	No sensory concerns observed

Comments:

Supports That Helped

☐	Trusted adult
☐	Positive peer
☐	Quiet space
☐	Movement break
☐	Snack or water
☐	Gentle reminders
☐	Visual demonstration
☐	Extra processing time
☐	Choices
☐	Advance warning
☐	Leadership opportunity
☐	Praise & encouragement
☐	Humor
☐	Prayer

Comments:

Independence

☐	Followed directions independently
☐	Needed reminders
☐	Asked for help appropriately
☐	Managed belongings
☐	Completed activities independently

Comments:

Strengths Observed

☐	Kindness
☐	Compassion
☐	Leadership
☐	Creativity
☐	Curiosity
☐	Joy
☐	Perseverance
☐	Responsibility
☐	Sense of humor
☐	Empathy
☐	Willingness to help
☐	Interest in faith

Comments:

If this child returned next year, I would recommend:

☐ Same leader ☐ Consistent buddy ☐ Quiet space available ☐ Frequent check-ins
☐ Advance warning before transitions ☐ Leadership opportunities ☐ Smaller groups ☐ Flexible participation

What impressed you most about this child?

One thing I hope their teachers know is...

Anything else you'd like me to know?

Alexis Adapts

IEP Advocate | Parent Coach

Mount Dora, Florida • Serving families everywhere

www.alexisadapts.com

alexisadapts@yahoo.com